

The Razor's Edge: Becoming a Radical Man

A 12-week Intensive

Facilitated by David Franklin and Brad Berscheid

Do any of these thoughts or behaviors sound familiar?

Why am I here?

Something is missing from my life, but I don't know what it is.

Why do I keep attracting unfulfilling relationships?

I feel cut off from my spiritual connection.

Why do I go to a job every day that seems meaningless?

My life feels shallow and empty.

I am obsessed with making money, having sex, and putting energy into things that don't excite me.

I am uncomfortable with my anger, so I either suppress it or lash out.

I feel alone.

Porn is a lot easier than tending to a relationship.

I feel shame and embarrassment about being a man.

Take a look at the world around you; look at your life. See what's happening. Men harming themselves and others over money, power, greed, and lust. Men waiting around and unwilling to take a stand, lost and directionless while people are starving, dying of disease, and sleeping on the streets. Rape, domestic violence, single motherhood, fathers who don't pay child support - really, are we going to just continue accepting this as normal behavior for men?

Every time you spend the day at an unfulfilling job, you perpetuate the problem. Every time you swallow your anger because you don't think it is professional or polite, you perpetuate the problem. Every time you numb out or distract through drugs, pornography, alcohol, sex, or TV, you perpetuate the problem. Every time you suppress your power and play the "nice guy," you perpetuate the problem. And every time you accept the statement, "That's just what men do," you perpetuate the problem.

Aren't you fed up?

A little embarrassed?

Sick of feeling powerless and confused?

What are you going to do about it?

What if you took a stand for yourself, for your life, in service to the greater world?

What if you could . . .

Know your purpose

Feel confident, attractive, sexy, and powerful

Embody a trustworthy presence and receive others' respect

Attract dynamic, intimate, and fulfilling relationships into your life

Experience a profound spiritual connection that nourishes, guides, and inspires you to greatness
Feel safe to express your anger in healthy ways
Create a healthy relationship with your sexuality
Source your life from passionate presence
Have a surplus of energy
Break free of the habits and addictions that keep you running
Experience your vulnerability and your power without having to give up either one

This program is designed for men who are willing and ready to show up powerfully in the world. It is for men who are sick of being ambivalent, wishy-washy, and confused. It is for men who want to know who they are, why they're here, and discover their gifts. It is for men who want to get real with themselves, live on the edge, and lay it on the line. It is for men who want to be part of a brotherhood of men dedicated to living from their core and who are willing to claim their cock, heart, and spine.

If you are ready, come WALK THE RAZOR'S EDGE with us!

The 12-Week Intensive:

- One facilitated three-hour session per week, including a 45-minute personal training workout
- Daily e-mails with personal practices, teachings, and inspirations
- Weekly audio podcasts and video lessons
- One private coaching session with David
- Online group forum

The Commitment:

- 30 minutes of daily spiritual practice
- Weekly blogging on group blog
- Attend and be on time for all sessions
- Being fully accountable for group and personal commitments

The Curriculum:

Grounding – The willingness and commitment to show up in presence, integrity, and personal power

Wellness – Caring for the body, mind, and spirit

Authenticity – Knowing and expressing yourself honestly, aligning your life with your deepest values and sense of self

Spiritual Communion – Discovering and engaging in a personal, direct relationship with the Divine

Creativity – Connecting to your dreams and inspiration, and finding your unique voice and expression

Eroticism – Embracing the physical realm, including the sexual, the sensual, and personal desire

Soul Purpose – Discovering the meaning of your life and how you are being called to serve

Wholeness – Honoring and integrating your authentic power and presence through embracing the shadow and living your truth

Intimacy – The art of being in relationship with self, other, community, and the Divine

Abundance – Living a life of freedom, joy, and vitality

Leadership – Inspiring and calling others into their greatness

Integral Presence – Living an embodied life sourced in Love

The Logistics:

Monday evenings, September 21 – December 7, from 7-10 pm. Location: Oasis Healing Arts Center (close-in SE Portland)

The Investment:

\$595 - \$795 sliding scale includes all group meetings, group personal training sessions, one private coaching session, and all course materials including audio, video, and online teachings. Payment plans are available.

Additional private sessions with David and Brad are available at a reduced rate.

To Enroll:

If you are interested, please contact David at (503) 505-0333 or David@RadicalMen.com, and we will set up a phone appointment to discern if the program is right for you.

The Facilitators:

David Franklin is a spiritual activist devoted to creating a new paradigm for masculinity that includes living the embodied path of spirituality, sexuality, leadership, and presence. He is an ordained minister and certified somatic erotic educator with twenty years of experience that includes teaching, facilitating, and holding space for people in ritual, workshop, group, and one-on-one settings. David brings a depth of presence, insight, and wisdom to his teaching. He is masterful at creating and holding safe space for transformative experiences that utilize practical, body-centered modalities and down-to-earth spirituality. For more information, visit www.RadicalMen.com.

Brad Berscheid is a Master Level Fitness Trainer who has worked with clients for over 13 years with goals ranging from weight loss to sports performance to general health and vitality. As an ordained minister and Reiki practitioner, he incorporates the spiritual aspect of holistic health into his fitness training. Brad is passionate about guiding men towards holistic wellness, through developing a strong body, a connected spirit, an open heart, and a balanced life. For more information, visit www.tridfitness.com.