



manifest
men's wellness community

MEN'S SEX, INTIMACY & SPIRIT

Liberating & Connecting your Sexuality & Spirituality

Introductory Workshop:

Sunday, September 13, 5-8 pm

\$25-\$40 sliding scale

\$10 Manifest members

8 Week Group:

Thursdays weekly, 10/1-11/19/09, 7-9 pm

\$18-\$30/session sliding scale

\$5/session Manifest members

Must register for series before or at 1st session

INFO: David at 503-223-8822 x1

RSVP: www.manifestpdx.org/calendar



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In today's world, too many men are distracted through unfulfilling work, entertainment, and quick fixes and artificial nourishment. The time has come for men to reclaim and step into our power and purpose, to show up in full-bodied presence, to offer our deepest gifts and love to the world, and to honor and celebrate the sacred masculine. It is time for men to heal the shame around our bodies, our sexuality, and our aliveness.

Men from diverse backgrounds and orientations will explore our authentic sexuality: our fears, our desires, our questions, and our true expressions.

With the support of other men who are committed to honesty and compassion, you'll practice being fully present to your sexual energy as it changes and as it is. While we won't be taking off our clothes or pursuing erotic desires during the our work together, we will be gently expanding your awareness and acceptance of your full, authentic sexuality & spirituality.

FACILITATOR: Rev. David Franklin, a Certified Sexological Bodyworker (trained at the Institute for the Advanced Study of Human Sexuality in San Francisco), has facilitated men's explorations of sexuality, passion, and spirituality through ritual, movement, workshops, and one-on-one coaching for the past six years. His work is heavily influenced by his long-time study & practice of Vipassana meditation, Co-counseling, Naka-Ima, ecstatic dance, & sacred sexuality.